

Mark E. Lavalley, M.D., CSCS, FACSM



Dr. Lavalley earned his bachelor's and graduate degrees in medicine from Pennsylvania State University in Hershey, PA. After his residency at Family Practice Residency in York, PA., Dr. Lavalley

completed a fellowship in primary care sports medicine at Crozer-Keystone Health System in Springfield, PA. He is a member of numerous professional societies, including the American Academy of Family Physicians and the American Medical Society for Sports Medicine. He is a fellow in the American College of Sports Medicine and holds a subspecialty certificate in sports medicine. He has authored numerous publications in sports medicine, and is currently an editor of the *Clinical Journal of Sports Medicine*. Dr. Lavalley also serves on the American Medical Society of Sports Medicine Board of Directors. He is certified as a Strength and Conditioning Specialist through the National Strength and Conditioning Association. Dr. Lavalley has served as the Medical Director of the Sunburst Races and as the Team Physician for the USA Weightlifting and International Weightlifting Federation since 1999. He enjoys Jeeps, weight lifting, and spending time with his wife and two sons.

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Free parking available in basement of parking garage. Entrance to parking garage is located on Michigan Street across from South Bend Chocolate Café.

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